OUTPATIENT CLINIC NOTE

### VITALS

BP 122/74, weight 239, pulse 84, temperature 98.6.

### PROBLEM

1. Recurrence of depression.

2. Med refills.

### SUBJECTIVE

1. Over the past year his orthopedic group had to cut back staff. He is now part-time, leading to quite a bit of financial stress. He called about six weeks ago to ask about restarting bupropion along with his fluoxetine. The reason for the addition was because he was having a hard time getting motivated, a harder time concentrating, decreased mood. On the bupropion he did definitely have more alertness, better concentration; however, he was also more irritable and having a harder time sleeping. When he is anxious it is more intense. Overall, it has not been that helpful this time around.

He has currently been on fluoxetine for four years. Prior to that he had been on citalopram for eight years, which did well. We have decided to move him back to citalopram and drop the bupropion.

2. We reviewed his prescriptions. He needs a refill of Cialis, otherwise doing well.

### PHYSICAL EXAMINATION

Alert, oriented, good eye contact, overweight. PHQ-9 is 11.

### PLAN

1. DC bupropion.

2. DC fluoxetine after a one-week overlap.

3. Citalopram 20 mg 1/2 daily, four days, then one daily.

4. Follow up in late June. Prior to that he will get his labs and we will make that visit a physical.